# Suicide Intervention & Prevention **Workshops**



## Applied Suicide Intervention Skills Training (ASIST)

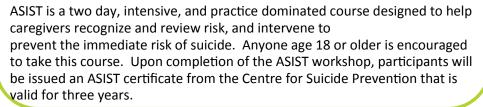
September 11 & 12, 2018

8:30am-4:30pm, Thursday and Friday

November 22 & 23, 2018

8:30am-4:30pm, Thursday and Friday

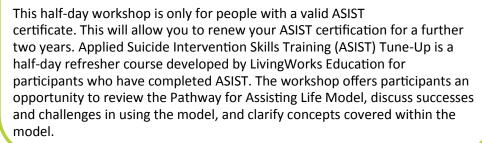
Cost: \$250





No dates currently scheduled

Cost: \$90



### **Straight Talk**

November 15, 2018 12:30pm—4:30pm, Thursday

Cost: \$100

This half-day workshop is for people working with youth ages 12 to 18. Straight Talk encompasses the developmental, cognitive, and emotional differences found within this age group in presenting strategies to strengthen the protective factors of youth at risk of suicide. Relevant intervention strategies are explored through videos and case studies.

### **Tattered Teddies**

No dates currently scheduled

Cost: \$100

This half-day workshop will examine warning signs in a child and intervention strategies. Suicidal behaviour in children age 12 or younger is a subject of growing concern for those who work with children. Suicidal thoughts and attempts in children have sometimes been overlooked, denied or ignored. Tattered Teddies is an interactive half-day workshop which examines warning signs in a child and explores intervention strategies through stories and case studies.



# Course Registration

Visit: www.reddeer.cmha.ca

Email:

education@reddeer.cmha.ab.ca

Or Call: 403-342-2266

These courses will be held at:

**ATB Building CMHA Learning Annex** 4911 51 Street, Suite 404 Red Deer, AB T4N 6V4

## **Workshop Fees**

Red Deer Life Long Learning Council learner bursaries are designed to reduce the costs of CMHA education for people with financial barriers who are not able to cover the course fees for education at CMHA.

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CMHA Central Alberta Programs and Services are funded by: The Government of Canada, United Way Central Alberta, Alberta Health Services Addiction and Mental Health, the Government of Alberta, Lifelong Learning Council of Red Deer, and the City of Red Deer