



Upcoming Workshops & Courses

ASIST (Applied Suicide Intervention Skills Training)

April 27 & 28, 2017 (Thursday & Friday) 8:30 – 4:30 both days
July 13 & 14, 2017 (Thursday & Friday) 8:30 – 4:30 both days
September 28 & 29, 2017 (Thursday & Friday) 8:30 – 4:30 both days

ASIST Tune-up

June 2, 2017 (Friday) 8:30 – 12:30
October 6, 2017 (Friday) 8:30 – 12:30

Tattered Teddies

March 16, 2017 (Thursday) 12:30 – 4:30
May 25, 2017 (Thursday) 12:30 – 4:30
November 2, 2017 (Thursday) 12:30 – 4:30

Straight Talk

March 17, 2017 (Friday) 8:30 – 12:30
May 26, 2017 (Friday) 8:30 – 12:30
November 3, 2017 (Friday) 8:30 – 12:30

Living Life to the Full (LLTTF)

February 21 – April 11, 2017 (8 weeks on Tuesdays) 6:30 – 8:00 in Ponoka
March 1 – March 22, 2017 (4 weeks on Wednesdays) 6:00 – 9:00
April 19 – June 7, 2017 (8 weeks on Wednesdays) 10:30 – 12:00

Facilitator Training

March 9 & 10, 2017 (Thursday & Friday) 8:30 – 4:30
June 8 & 9, 2017 (Thursday & Friday) 8:30 – 4:30
October 12 & 13, 2017 (Thursday & Friday) 8:30 – 4:30

WRAP

April 11 – May 30, 2017 (8 weeks on Tuesdays) 9:30 – 12:00
May 11 – June 29, 2017 (8 weeks on Thursdays) 5:30 – 8:00

Art of Friendship

April 11 – May 30, 2017 (8 weeks on Tuesdays) 1:30 – 3:30
May 2 – June 20, 2017 (8 weeks on Tuesdays) 6:00 – 8:00

Friendship Circle

Runs every Wednesday 3:00 – 4:30